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BREAKING BREAD

### LECTURE & LITERATURE ... continued

The Lamorinda Arts Council invites writers and artists to participate in their Art Embraces Words program from 2 to 4 p.m. on Nov. 3 at the Lafayette Library. Emerging writers read excerpts from their work surrounded by visual artwork from local artists. In this way art literally "embraces" the spoken word. Master of Ceremonies, Lafayette resident Lynn Carey, former host of the Times Book Club. moderates the event. A reception with light refreshments follows the readings. Go to https://lamorindaarts.org/artembraces-words/, email literary@lamorindaarts.org or call (925) 359-9940 for more infor-

**DVC Emeritus Presents:** The Palestinian Israeli Conflict: How Did It Start? Will It Ever End? Presented by Guest Lecture Dr. Omar Dajani from 2 to 4 p.m. on Nov. 9 at Diablo Valley College. The conflict over the Holy Land continues to claim headlines, billions of dollars in U.S. aid, and the lives of both Palestinians and Israelis. But, contrary to popular misconceptions, it is neither an ancient dispute nor an unsolvable one. Registration is \$25. Students \$15.To register for this event please contact DVC Community Education at (925) 969-4600. Registration available at the door.

#### KIDS, PARENTS & TEENS

Trick-or-treat with the kids 3 to 5 p.m. on Thursday, Oct. 31 at the Rheem Shopping Center in Moraga

"Love & Logic - Parenting Made Fun." For parents of children of all ages. Learn simple and proven techniques that teach responsibility and character, lower your stress level, and have immediate and positive results. Taught by Connie Kellaher, director of MVPC Nurtury Preschool, and Love and Logic independent facilitator. Join us for any or all of 7 sessions on Wednesdays from 11:30 a.m. to 12:30 p.m. at Moraga Valley Pres Church, 10 Moraga Valley Lane, Moraga. Nov. 6 and 13. Each session stands alone, so come when you can! No charge, and no pre-registration needed. Free childcare is available by emailing ckallaher@mvpctoday.org at least one week in advance. For more info, visit www.thenurtury preschool.com/programs/ parenteducation/

'Neighborhood skit comes together to entertain the trickor-treaters for over 25 years! Neighbors, friends, family deliver a performance from the garage from 7 to 9 p.m. at 12 Lynwood Place, Moraga. Show theme "Disney Garage Club". Let the magic begin.

Lamorinda Mom's 2nd An**nual** Preschool Fair from 6:30 to 8 p.m. on Nov. 7 at Oakwood Athletic Club (gymnasium), 4000 Mt. Diablo Blvd, Lafayette. Families, come interact and hear directly from the administrators and teachers of 30+ preschools in the Lamorinda and adjacent communities to explore the preschool programs for your little one. Childcare offered by Oakwood gratis for children who are walking. Bring diapers (open packages okay) and wipes to benefit charity, Help a Mother Out, which provides diapers and wipes to Bay Area families in need.

2nd Annual Peace & Kindness Carnival: A Mindful Littles Fundraiser from 10 a.m. to noon on Nov. 11 at the Orinda Community Center, 28 Orinda Way, Orinda. School is out and we have set up an endless array of fun, games and time

with veterans to come celebrate Peace & Kindness on this special day! Live Band, Bouncy House, Face Painting, Balloon Artist, Carnival Games, Meet-n-Greet with Real Veterans, Food Trucks and more. All proceeds benefit Mindful Littles. Regis-

https://mindfullittles.org/ events/

#### **OTHER**

The Contra Costa County Fire **Protection** District is pleased to announce the Fourth Annual Open House 9 a.m.-1 p.m. on Saturday, Nov. 2 at 2945 Treat Blvd, Concord. This is a family-oriented event, featuring fun activities, live fire safety demonstrations, and exciting prizes for children of all ages for the general public. There will be free coffee and donuts provided with compliments of IAFF Local 1230. For more information about the event, visit www.cccfpd.org or call 925-942-3300.

The Festival Weekend of All **Saints** and All Souls through Nov. 3 at St Stephens Episcopal Church, Orinda, with special events at 5:30 p.m. on Nov. 2 and at 8 a.m., 10 a.m. and 4 p.m. on Nov. 3. This is an opportunity for church members, friends, and neighbors to remember and honor our departed family, friends, and holy saints and ancestors, in community, with music, food, stories, and prayers. Choral Evensong and Litany of the Saints: send the names of those departed that you wish to be remembered to office@ststephensorinda.org by 5 p.m. on Nov. 1. These will be read aloud as part of the Litany of Saints during the Evensong service on Sunday Nov. 3. All are welcome to attend, and a reception follows the service.

**Youth Mental Health First** Aid event, from 9 a.m. to 5 p.m. Sunday, Nov. 3 at Don Tatzin Community Hall at the Lafayette Library, will teach a five-step action plan to offer initial help to young people showing signs of mental illness or crisis, and connect them with appropriate professional, peer, social and self-help care. Ideally for adults who work with young people, ages 12-18. Register at https://forms.gle/6WNpos V8iFTFCVE29

"Why Great Public Schools Matter" at 6 p.m. on Nov. 6 at Acalanes Performing Arts Center. Dr. Gloria Duffy, President and CEO of The Commonwealth Club, will facilitate a lively conversation with Lafayette public school alumni on the impact their Lafayette classroom education had on their personal and professional lives. https://lovelafayetteschools. eventbrite.com

Blanket and Sleeping Bag **Drive for** the Homeless - collecting lightly used blankets and sleeping bags to distribute to the homeless throughout the Bay Area during early November. The collection point is 1204 Larch Ave., Moraga. Donations can be dropped off on the front porch.

Friends Corner Book Shop in Lafayette is having a Half Price Birthday Celebration and Super Children's Book Sale from 9 a.m. to 5 p.m. on Nov. 9. Proceeds benefit the Lafayette Library and Learning Center. Located at the corner of First Street and Golden Gate Way in Lafayette. https://www.lllcf.org/shopfor-a-used-book/

The Orinda-Moraga-Lafayette Branch of the American Association of University Women (AAUW-OML) will host a Game Day

p.m. on Thursday, Nov. 14 at the Miramonte Gardens Clubhouse, 1 Miramonte Drive, Moraga to fund AAUW-OML scholarships awarded to local young women. Attendees can play mahjong, bunco, dominoes (Mexican Train), or bridge and enjoy a catered lunch. Reservations are open to the public, \$40/each and due by Nov. 1. See AAUW-OML's website https://omlca.aauw.net for the reservation flyer.

Alicia Hetman, a recognized expert on Title IX and the topics of sexual harassment and discrimination, will speak at the AAUW-OML (American Association of University Women-Orinda Moraga Lafayette Branch) general meeting from 9:30 to 11 a.m. on Nov. 19 at the Orinda Community Church, 10 Irwin Way, Orinda. She will speak on the importance of and threats to Title IX, the federal law prohibiting gender discrimination in education. Admission is free and open to the public. Community leaders and educators are encouraged to attend.

For the 22nd year, Bobbie and Tom Preston will be holding the Cycle Recycle, collecting repairable bikes to be refurbished and given to charitable groups to distribute at Christmas; new and/or used bikes and trikes—in working order or repairable, or useable bike parts may be delivered to the side driveway of the Preston's home at 1307 Larch Avenue in Moraga, throughout the month of November only. No skateboards or plastic bikes please; no need to call beforehand, but for more information contact Bobbie or Tom Preston at (925) 376-8474.

### **GARDEN**

The Walnut Creek Garden **Club will** hold its monthly meeting beginning at 10 a.m. on Monday, Nov. 11 at the Gardens at Heather Farm, 1540 Marchbanks Drive, in Walnut Creek. The topic of the presentation will be, "The future of our open space," presented by Executive Director of Save Mount Diablo since 2015, Ted Clement. Ted has worked in the conservation field for over 30 years. You do not need to be a gardener to join the Walnut Creek Garden Club.

The Lafayette Garden Club will meet at 10 a.m. on Nov. 14 in Lafayette Veteran's Bldg, 3780 Mt. Diablo Blvd. Lafayette. The Speaker this month Tora Rocha, the founder of Pollinator Posse, will speak about native pollinators in our area, the plants and other resources needed to attract/support them, and ways to create beautiful gardens with these plants in mind. Free. Interested members of the public are welcome. For more information please contact twalklet@comcast.net

The Montelindo Garden Club meeting will be at 9:30 a.m. on Nov. 15 at he Lafayette Library and Learning Center's Community Hall. Presentation: Floral Creations, Speaker: Nyna Dolby. A floral designer at Filoli for more than 10 years, Nyna transforms supermarket bouquets into stunning floral arrangements. www.montelindogarden.com

Moraga Garden Club monthly general meeting will be held at 9:30 a.m. on Nov. 21 at the Holy Trinity Cultural Center, 1700 School Street. Bill Welsh, the Bulb Baron's topic will be "How, Where and When to Plant Bulbs". Our general meetings are free and open to the public. We always welcome new members including men. Refreshments provided. For more information see:

fundraiser from 11:30 a.m. to 3 www.moragagardenclub.com.

### **A Continuing Series of Conversations** exploring the diversity of faith traditions across the globe

Join Us on Wednesday, November 13, 2019 @ 7pm as we explore the Ethiopian Evangelical Church Mekane Yesus To most Westerners, 'Lutheran' means 'German' or 'Scandinavian', but the single largest Lutheran church in the world is in Ethiopia. Come and learn

how this church has flourished despite aggressive persecution.

**Holy Shepherd Lutheran Church** 433 Moraga Way, Orinda, CA 94563 www.holyshepherd.org

# Service Clubs Announcements

# **Lafayette Rotary Club**

Step in on a Thursday and join us for our lunch meeting. Thursday at noon Oakwood Athletic Club, 4000 Mt. Diablo Blvd., Lafayette.

October 31:

**Stan Bunger** Stan is a KCBS Morning News Anchor and award winning journalist.

November 5:

Concert at the Res 2019 Celebration and thank you for the Concert at the Reservoir 2019 success

www.rotarylafayette.org www.facebook.com/Rotary-Club-of-Lafayette-CA





#### **NOVEMBER WEEKLY MEETINGS** 1: Professor Tim White, UC Berkeley - Lucy and Our Ancestors

- s: Aelean Soine, Ph.D., The Fall of the Soviet Union
- 15: Kate Rooney, KRON Sports Center Reporter
- 22: Gary Satterfield, Club Member Presentation
- 29: No Meeting

Breakfast, Friday 7:00 a.m.

The Lafayette Park Hotel & Spa, 3287 Mt. Diablo Blvd., Lafayette, CA www.lamorindasunrise.com

# Lamorinda Weekly

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# **Please submit:**

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